

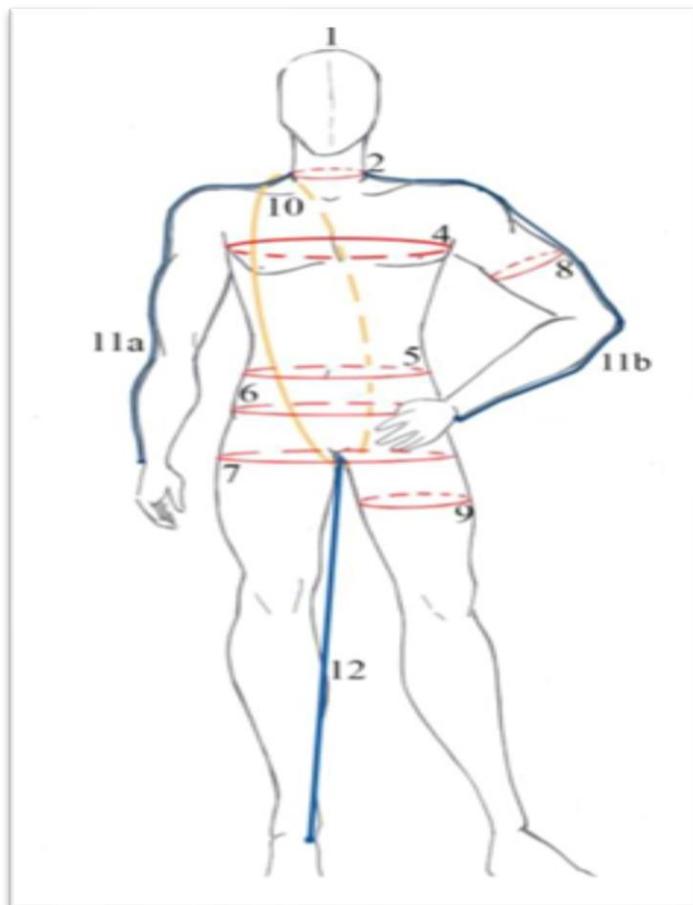
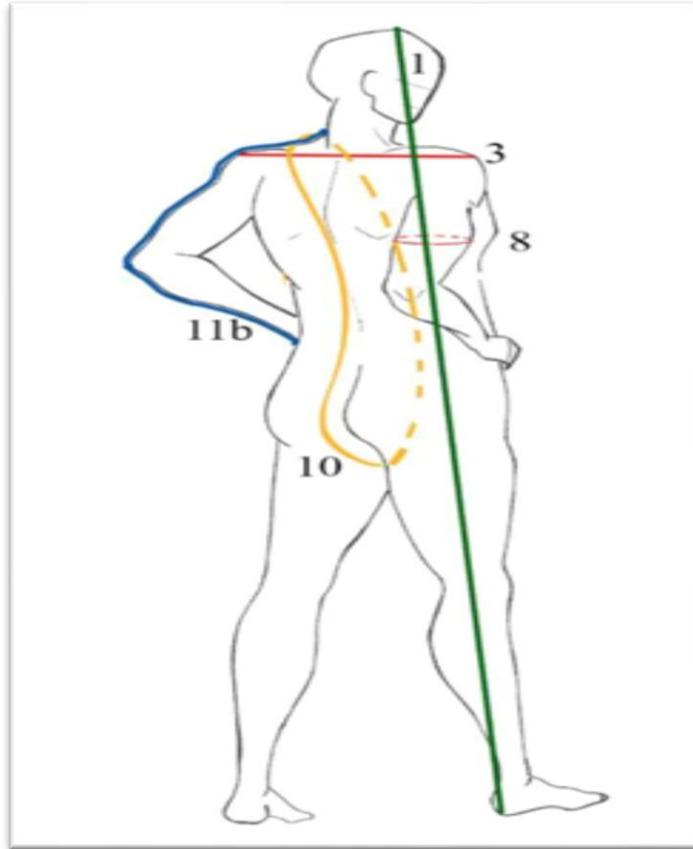


Measurement form

Name		
Phone:		
E-mail:		
Adress		
Price		
Advance payment		
Order date		
Realization Date		
Product		
Texstile		
Colour		
Embroidery	Logo	
	Right chest	
	Left chest	
	Right arm	
	Left arm	
	Back	
	Other	



Measurements	Client measurement	Template	Template revision	Final measurement	
				Result	Loose
1 Height					
2 Neck					
3 Shoulder					
4 Chest					
5 Stomach/Waist					
6 Trousers waist					
7 Hips					
8 Bicep					
9 Thigh					
10 body/torso					
11(a) upright arm					
11(b) bent arm (90°)					
12 inside leg					
13 uncommon measurements					





Instruction:

General informations:

1. Don't take measurement yourself, ask other person for help.
2. Wear clothes that fit your figure, take off your shoes.
3. Stand in small crotch.
4. Use tailor tape holding it close to your figure, don't add any extra loose yourself.
5. Please inform us about any unusual body measurement.

Measurement number (on a picture):

1. Height - stand back to the door frame, mark top of your head, measure distance between the floor and marked point.
2. Neck - Wrap the tape measure around the lower part of your neck. It should be about an inch below your Adam's Apple.
3. Shoulder – Extend the tape measure from the outer edge of one shoulder to the outer edge of the other. Keep the tape parallel to the floor.
4. Chest - Wrap the tape measure under your armpits, around the fullest part of your chest. Not so tight that it constricts breathing, but not so loose that the tape measure slides down. Don't puff out or flex your chest.
5. Stomach/Waist –
 - a) man - measure around your waist at about navel level, where belly is widest.
 - b) woman - measure the narrowest part of torso.
6. Trouser waist – Measure around your waist at the level where you would normally wear your pant's belt.
7. Hips – Measure around the fullest part of your hips.
8. Bicep - Measure around the fullest part of the bicep with the arms by your side.
9. Thigh - Wrap a tape measure around the thickest part of your thigh.
10. body/torso – measure between your right arm and neck, through the navel and crotch. If you use 1 meter tailor tape mark the spot on your back and add second measurement. Make sure you finish measuring in the exact point, right where you started.
11. Upright arm
 - a) Measure from the shoulder joint to the wrist bone with the arm by your side.
 - b) Measure with elbow bent at a 90-degree angle with your hand resting on your hip. Measure from the shoulder joint, through the outer edge of your elbow to the wrist bone.
12. Inside leg - measure the length of your leg from your ankle up to the bottom of your crotch.
13. Any unusual measurements*

*Additional